**TEN REASONS TO FUND RECOVERY SUPPORT SERVICES**

1. **CRITICAL COMPONENT**
   - "Recovery communities and recovery support services are a critical component of ongoing care for people in recovery, that include residential recovery homes, recovery community centers, education-based recovery support, recovery industries and recovery ministries." *Recovery Research Institute (2014)*

2. **SOLUTION-FOCUSED**
   - "There is growing evidence that the central organizing construct guiding addiction treatment and the larger alcohol and other drug (AOD) problems arena is shifting from long-standing pathology and intervention paradigms toward a solution-focused recovery paradigm." *Journal of Groups in Addiction & Recovery (2012)*

3. **REDUCES RELAPSE**
   - "Studies (on peer recovery supports) demonstrated reduced relapse rates, increased treatment retention, improved relationships with treatment providers and social supports, and increased satisfaction with the overall treatment experience." *Psychiatric Services (2014)*

4. **ENHANCES PERSONAL WELL-BEING**
   - "In a study examining vet to vet peer support services, participation in peer support may enhance personal well-being, as measured by both recovery-oriented and more traditional clinical measures." *Psychiatric Services (2008)*

5. **REDUCES HOMELESSNESS**
   - "Evidence suggests that a peer-supported community program focused on self-determination can have a significant positive impact on recovery from substance addictions & homelessness." *Occupational Therapy International (2008)*

6. **ENGAGES PEOPLE INTO CARE**
   - "Recovery supports are effective at engaging people into care, especially those who have little recovery capital, and/or who otherwise would likely have little to no ‘access to recovery.’" *Addiction Treatment Quarterly (2010)*

7. **23 MILLION IN RECOVERY**
   - "There are 23.5 million American adults who are overcoming an involvement with drugs or alcohol that they once considered to be problematic." *Partnership for Drug Free Kids & OASAS (2012)*

8. **NEW RECOVERY IDENTITY**
   - "A growing body of research suggests that the change from an addiction/user identity to a recovery identity is a critical ingredient in successful treatment." *Frontiers in Psychology (2015)*

9. **LONG-TERM RECOVERY**
   - "Peers provide navigation and advocacy to underserved and vulnerable populations across the continuum of the recovery process, and their services help individuals and families initiate and stabilize early recovery and sustain long-term recovery." *Healing Hands (2011)*

10. **ROBUST RESEARCH**
    - "There is a robust body of research on the value and effectiveness of peer supports for a number of chronic health conditions such as diabetes, cancer, obesity, HIV/AIDS and mental illness. This research has identified the value of services delivered by peers at the community level and the usefulness of a wide variety of social and other supports." *Faces & Voices of Recovery (2010)*

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www.facesandvoicesofrecovery.org