Behavioral health (substance use and mental health) issues affect millions in the United States each year.

**SUBSTANCE USE IN THE U.S.**
- Nearly 1 in 12 adults had a Substance Use Disorder (SUD) in the past year.
- That's 20.3 MILLION adults who have SUD.
- In the past month, 1 in 4 U.S. adults engaged in binge drinking.
- That's 58.5 MILLION adults.
- In the past month, 1 in 10 U.S. adults used illicit drugs.
- That's 22.4 MILLION adults.

**MENTAL HEALTH IN THE U.S.**
- Nearly 1 in 5 U.S. adults had Any Mental Illness (AMI) in the past year.
- That's 43.8 MILLION adults with AMI.
- Including 10 MILLION adults with Serious Mental Illness (SMI).

**Co-Occurring Behavioral Health Disorders in the U.S.**
- 7.7 MILLION adults had both Substance Use Disorder (SUD) and Any Mental Illness (AMI).

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1. Any Mental Illness (AMI) is defined as individuals having any mental, behavior, or emotional disorder in the past year that met DSM-IV criteria (excluding developmental and substance use disorders).
2. Serious Mental Illness (SMI) is defined as adults with any mental, behavior, or emotional disorder that substantially interfered with or limited one or more major life activities.
3. Substance Use Disorder (SUD): Individuals with alcohol or illicit drug dependences or abuses are defined as having SUD. The questions used to measure dependence and abuse are based on criteria in the fourth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV-TR).